

Commentary on candidate 1 evidence

The evidence for this candidate has achieved the following marks for each question of this course assessment component.

Question 1(a)

The candidate was awarded **4 marks** because they correctly identified two nutrients found in red meat and gave one function of each nutrient.

Question 1(b)

The candidate was awarded **2 marks** because they explained two health benefits of reducing fat intake – preventing coronary heart disease by reducing fat build up in the arteries and preventing obesity by reducing fat build up in the body.

Question 1(c)

The candidate was awarded **2 marks** because they correctly described two reasons why a consumer might choose to buy seasonal foods – reduction in food miles and the food will be fresher.

Question 1(d)

The candidate was awarded **0 marks** because the reasons given were incorrectly linked to Environmental Health Officers, not Trading Standards Officers.

Total for question 1: 8/10

Question 2(a)

The candidate was awarded **5 marks** because they have made valid evaluative comments on four aspects of the day's meals and provided a developed response for one of them.

The candidate stated a fact and made a judgement about the energy intake (the skier is getting more than required which is bad as he is injured and will not be as active) with the consequence that the excess energy can end up being converted into fat.

The candidate stated a fact and made a judgement about the calcium intake (the skier is getting less than required which is bad) with the consequence that his bones will take a longer time to heal. The candidate further stated this meant he could be more susceptible to broken bones and injuries, 1 additional mark was awarded for the developed response.

The candidate stated a fact and made a judgement about the protein intake (the skier is getting more than is required which is good) with the consequence that it will help with growth and repair during his recovery.

The candidate stated a fact and made a judgement about the fibre intake (the skier is getting less than is required which is bad) with the consequence that could result in constipation.

Question 2(b)

The candidate was awarded **2 marks** because they have correctly explained two ways the skier's friends could influence his food choice.

Question 2(c)

The candidate was awarded **2 marks** because they have correctly explained two ways of ensuring food safety when preparing food.

Total for question 2: 9/10

Question 3 (a) and (b)

The candidate was awarded **0 marks** because they did not attempt question 3.

Question 4(a)

The candidate was awarded **5 marks** because they correctly described two changes that could be made to the cottage pie and explained how all three changes would help meet current dietary advice.

It should be noted that although the candidate was not awarded the mark for change 3, as 'Add more vegetables' was too vague and did not specify which vegetables could have been added, they were awarded the mark for the explanation as it was correctly linked to a different piece of current dietary advice.

Question 4(b)

The candidate was awarded **4 marks** because they correctly identified two points of information that must be stated on a food label and explained the importance of each to the consumer.

Total for question 4: 9/10

Question 5(a)

The candidate was awarded **2 marks** because they correctly explained how changing the proportion of two of the examples would affect the finished result.

The candidate correctly explained that gelatinisation would cause a sauce to thicken, and that caramelisation of sugar is linked to the colour of the cake. **0 marks** awarded for their response linked to increasing the proportion of fat in pastry as although they gave two different facts, they did not explain either.

Question 5(b)

The candidate was awarded **3 marks** because they gave three correct evaluative points which were linked to the use of modified atmosphere packaging for the consumer.

- ◆ Point 1: 'longer shelf life' (stated fact), 'good' (made a judgment), 'consumers can buy in bulk' (consequence).
- ◆ Point 2: 'MAP products require packaging' (stated fact), 'bad' (made a judgment), environmentally friendly consumers may not like that (consequence).
- ◆ Point 3: 'needs to be stored correctly after opening' (stated a fact), 'bad' (made a judgement), 'food may go bad making it unsafe to eat' (consequence).

Question 5(c)

The candidate was awarded **4 marks** because they correctly explained two dietary factors which may cause anaemia and two dietary factors which may cause osteoporosis.

Total for question 5: 9/10

Question 6(a)

The candidate was awarded **1 mark** because they correctly explained one reason why a food manufacturer would carry out sensory testing. They were not awarded a mark for their first response as it is a statement, not an explanation. **1 mark** was awarded for the second response which explained that the manufacturer could improve their product after comparing it to other similar products.

Question 6(b)

The candidate was awarded **1 mark** for the second responsibility. The first response is incorrect.

Question 6(c)

The candidate was awarded **2 marks** for correctly stating two ways in which the consumer can reduce their salt intake.

Question 6(d)

The candidate was awarded **1 mark** for correctly stating one reason why water is important in the diet. No additional explanation was given, so the second mark could not be awarded.

Question 6(e)

The candidate was awarded **1 mark** for correctly giving a disadvantage of organic foods to the consumer. **0 marks** awarded for the advantage as it was incorrect.

Total for question 6: 6/10

Total marks awarded: 41/50

Commentary on candidate 2 evidence

The evidence for this candidate has achieved the following marks for each question of this course assessment component.

Question 1(a)

The candidate was awarded **2 marks** because they correctly identified two nutrients found in red meat. No further marks could be awarded as the functions given were incorrect.

Question 1(b)

The candidate was awarded **0 marks** because they did not explain their answers — they gave statements with no explanation.

Question 1(c)

The candidate was awarded **1 mark** because they correctly described one reason why a consumer might choose to buy seasonal foods 'They are fresher'. **0 marks** awarded for the second response.

Question 1(d)

The candidate was awarded **1 mark** for their first response. The second is a repeat of the first therefore no further marks could be awarded.

Total for question 1: 4/10

Question 2(a)

The candidate was awarded **5 marks** because they have made valid evaluative comments on four aspects of the day's meals and provided a developed response for one of them.

The candidate stated a fact and made a judgement about the protein intake (the skier is getting more than required which is good) with the consequence that it will help repair damaged tissues as he has a broken arm.

The candidate stated a fact and made a judgement about the calcium intake (the skier is getting less than required which is bad) with the consequence that his bones will take time to heal. The candidate further stated this meant he could be more susceptible to osteoporosis in later life, so was awarded an additional mark for the developed response.

The candidate stated a fact and made a judgement about the sodium intake (the skier is getting less than is required which is bad) with the consequence that he could get cramp and prevent him from skiing.

The candidate stated a fact and made a judgement about the fibre intake (the skier is getting less than is required which is bad) with the consequence that he could be at risk of bowel disorders.

Question 2(b)

The candidate was awarded **0 marks** because they provided two statements, not explanations.

Question 2(c)

The candidate was awarded **1 mark** for their second response which explains one way to ensure food safety when preparing food. **0 marks** awarded for the first response as there was no mention of bacteria or cross contamination.

Total for question 2: 6/10

Question 3(a)

The candidate was awarded **3 marks** as they correctly identified and explained the role of concept generation. They correctly identified prototype production as a stage in the process, but their explanation was incomplete therefore the mark for that explanation could not be awarded.

Question 3(b)

The candidate was awarded **2 marks** because they gave two valid evaluative statements.

- ◆ Point 1: 'plastic isn't good for the environment' (stated a fact), 'bad' (made a judgement), 'consumers may be concerned and not buy the product' (consequence). The candidate also stated that plastic packaging caused waste, which would also have been acceptable as the fact in this response.
- ◆ Point 2: 'plastic packaging is clear' (stated a fact), 'good' (made a judgement), the consumer can see what contents are inside (consequence).

Question 3(c)

The candidate was awarded **0 marks** as they only gave one response which was too vague.

Total for question 3: 5/10**Question 4(a)**

The candidate was awarded **3 marks** because they correctly described three changes that could be made to the cottage pie. No further marks were awarded because they did not explain how the changes would impact on the dietary advice.

Question 4(b)

The candidate was awarded **2 marks** because they correctly identified two points of information that must be stated on a food label. No further marks were awarded because they did not go on to explain the importance of each to the consumer.

Total for question 4: 5/10**Question 5(a)**

The candidate was awarded **1 mark** because they correctly explained how changing the proportion of flour would affect the finished result.

0 marks awarded for their response linked to increasing the proportion of fat in pastry as they gave two different facts but did not explain either. The response linked to sugar was incorrect.

Question 5(b)

The candidate was awarded **1 mark** for the third evaluative point linked to the use of modified atmosphere packaging for the consumer.

- ◆ Point 1: 'most packaging is plastic when MAP is used' (stated a fact), 'bad' (made a judgement), 'consumers may be concerned for the environment and won't buy the product' (consequence).
- ◆ Point 2: The first point is too vague. The second point required more detail in the consequence to be awarded the mark.

Question 5(c)

The candidate was awarded **1 mark** for their second explanation linked to anaemia — not enough vitamin C linked to absorption of iron. The remaining responses were not explained.

Total for question 5: 3/10**Question 6(a)**

The candidate was awarded **0 marks** because the first response is a statement, not an explanation. The second response is a vague statement.

Question 6(b)

The candidate was awarded **2 marks** for giving two correct responsibilities of Food Standards Scotland.

Question 6(c)

The candidate was awarded **1 mark** for Way 1. **0 marks** awarded for Way 2 as it is not giving a practical way of reducing salt intake.

Question 6(d)

The candidate was awarded **1 mark** for correctly stating one reason why water is important in the diet. The second response is not an explanation.

Question 6(e)

The candidate was awarded **2 marks** for correctly giving an advantage and a disadvantage of organic foods to the consumer.

NB: This candidate has answered all six questions. They are given credit for questions 1, 2 and the best three questions out of the remaining four — the mark for question 5 was discounted.

Total for question 6: 6/10

Total marks awarded: 29/50